

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

													
				9:00 Morning Stroll 1 10:00 Exercise Time 11:00 Mind Stretch 1:00 Alphabet Games 2:00 Indoor Bowling 3:00 Crossword Puzzle 4:00 Discussion Group 7:00 Evening Movie		9:00 Morning Stroll 2 10:00 Exercise Time 11:00 Cognitive Minds 1:00 Manicures & Hand Massages 3:00 Baking Project 4:00 Reminiscing 6:00 Evening Walk 7:00 Evening Movie		9:00 Morning Stroll 3 10:00 Balancing Act 11:00 Word Searches <b>2:30 Music Entertainment &amp; Social Hour w/Marci</b> 6:30 Evening Walk 7:00 <b>DJ PARTY Lower Level</b>		9:00 Morning Walk 4 10:00 Exercise Time 11:00 Balloon Volley 1:00 Password 2:00 Ring Toss 3:00 BINGO <b>6:00 APPLE PIE CONTEST @ TOWN HALL</b>			
9:00 Morning Stroll 5 10:00 Exercise Time 11:00 Trivia Time 1:00 Indoor volleyball 2:00 Puzzles 3:00 Tea Social 4:00 Word Games 6:00 Evening Walk 7:00 Movie Night		9:00 Morning Stroll 6 9:30 Current Events 10:00 Arthritis Exercise 11:00 Brain Games <b>1:00 Library &amp; CVS</b> 3:00 Collages 4:00 Indoor Bowling 6:30 Evening Walk 7:00 Movie Night		9:00 Morning Stroll 7 10:15 Exercise Time 11:00 Mind Stretch 1:00 Arts & Crafts <b>2:00 PET THERAPY</b> 3:00 Social Hour 4:00 Trivia Time 6:00 Evening Walk 7:00 Jeopardy!!		9:00 Morning Stroll 8 10:00 Exercise Time <b>11:00 OUT TRIP USS Nautilus w/ Lunch, Groton, Ct</b> <b>3:30 Social Hour &amp; Relaxation</b> 6:00 Evening Walk 7:00 Reminiscing		9:00 Morning Stroll 9 10:15 Balancing Act 11:00 Cognitive Minds 1:00 Manicures & Hand Massages 3:00 Balloon Volley 6:30 <b>OUT TRIP Travel Photography Hull Library</b>		9:00 Morning Stroll 10 10:00 Sit & Stretch 11:00 Brain Aerobics 1:00 Arts & Crafts 3:00 Bingo 4:00 Word Searches 6:30 Evening Walk 7:00 Jeopardy! 7:30 Wheel of Fortune		9:00 Morning Walk 11 10:00 Exercise Time 11:00 Balloon Volley 1:00 Password 2:00 Basketball 3:00 BINGO 4:00 Afternoon Walk 7:00 Jeopardy! 7:30 Wheel of Fortune	
9:00 Morning Stroll 12 10:00 Sit & Stretch Televised Mass 1:00 Physical Games 2:00 Scrabble 3:00 Social Hour 4:00 Afternoon Walk 7:00 Movie Night		9:00 Morning Stroll 13 10:00 Balancing Act 11:00 Brain Games 1:00 Crosswords 2:00 Afternoon Walk 3:00 Social Hour 4:00 Independent Reading <small>Columbus Day Thanksgiving Day (Canada)</small>		9:00 Morning Stroll 14 10:00 Arthritis Exercise 11:00 Mind Stretch <b>1:00 Library &amp; CVS Fall Foliage Ride</b> 3:00 Social Hour 4:00 Pictionary <b>6-8:00 OPEN HOUSE All are invited</b>		9:00 Morning Stroll 15 10:00 Exercise Time 11:00 Alphabet Games 1:00 Arts & Crafts <b>2:00 PET THERAPY w/ CLOE</b> <b>3:00 Social Hour</b> <b>6-8:00 OPEN HOUSE All are invited</b>		9:00 Morning Stroll 16 10:00 Stretch & Tone 11:00 Cognitive Minds <b>1:00 OUT TRIP TO STRONG HOUSE</b> <b>WII Demonstration</b> 3:00 Manicures & Hand Massages 7:00 Evening Movie		9:00 Morning Stroll 17 10:00 Exercise Time 11:00 Brain Aerobics 1:00 Crosswords <b>2:30 Musical Entertainment w/ The Music Makers</b> <b>6:00 Evening Stroll</b> 7:00 Reminiscing		9:00 Morning Walk 18 10:00 Exercise w/weight 11:00 Balloon Volley 1:00 Password 2:00 Basketball 3:00 BINGO 4:00 Afternoon Walk 7:00 Jeopardy! 7:30 Wheel of Fortune	
9:00 Morning Stroll 19 10:00 Sit & Stretch Televised Mass 1:00 Physical Games <b>2:00 OUT TRIP TO TOWN HALL FOR MUSIC CONCERT LIMITED TICKETS</b> <b>7:00 Evening Movie</b>		9:00 Morning Stroll 20 10:00 Balancing Act 11:00 Brain Games <b>1:30 Pastimes Senior Day Center Visit</b> <b>3:00 Social Hour</b> <b>4:00 Afternoon Walk</b> 7:00 Jeopardy! 7:30 Wheel of Fortune		9:00 Morning Stroll 21 10:00 Arthritis Exercise 11:00 Mind Stretch <b>1:00 Fall Foliage Ride</b> <b>3:00 Cider &amp; Donuts</b> 4:00 Afternoon Walk 6:00 Password 7:00 Jeopardy		9:00 Morning Stroll 22 10:00 Exercise Time 11:00 Alphabet Games 1:00 BINGO 2:00 Word Search 3:00 Social Hour 4:00 Afternoon Walk 6:00 Scrabble Game 7:00 Evening Movie		9:00 Morning Stroll 23 10:00 Stretch & Tone 11:00 Cognitive Minds 1:00 Baking Project 3:00 Manicures & Hand Massages 4:00 Afternoon Walk 6:00 Collages 7:00 Jeopardy!		9:00 Morning Stroll 24 10:00 Exercise Time 11:00 Brain Aerobics 1:00 Arts & Crafts 3:00 Social Hour 4:00 Afternoon Walk 6:00 Reminiscing 7:00 Evening Movie		9:00 Morning Stroll 25 10:00 Exercise w/weight 11:00 Balloon Volley 1:00 Password 2:00 Basketball 3:00 Trivia Time 4:00 Afternoon Walk 7:00 Jeopardy! 7:30 Wheel of Fortune	
9:00 Morning Stroll 26 10:00 Sit & Stretch Televised Mass 1:00 Physical Games 2:00 Trivia Time 3:00 Social Hour 4:00 Afternoon Walk 7:00 Evening Movie		9:00 Morning Stroll 27 10:00 Balancing Act 11:00 Current Events 1:00 <b>Library &amp; CVS</b> <b>3:00 Social Hour</b> 4:00 Afternoon Walk 6:00 Brain Games 7:00 Evening Movie		9:00 Morning Stroll 28 10:00 Arthritis Exercise 11:00 Mind Stretch 1:00 Indoor Bowling <b>2:00 Pet Therapy w/Maxine</b> <b>3:00 Social Hour</b> 4:00 Afternoon Walk 7:00 Jeopardy!		9:00 Morning Stroll 29 10:00 Exercise Time <b>11:00 Religious Service w/Rev Horvath</b> <b>1:00 Baking Project</b> 3:00 Social Hour 4:00 Afternoon Walk 6:00 Alphabet Games 7:00 Evening Movie		9:00 Morning Stroll 30 <b>10:30 Halloween Parade w/ Clinton Day Care Center</b> <b>1:00 Entertainment w/ Clinton Cut-Ups</b> 3:00 Manicures & 4:00 Afternoon Walk 6:30 Easy Listening		9:00 Morning Stroll 31 10:00 Exercise Time 11:00 Brain Aerobics <b>1:00 Party Preparation 3-5pm Resident &amp; Staff Halloween Party Families &amp; Kids are invited!!! Please Dress Up!!!</b>			

Activity Director Diane Gauthier; Activities may be subject to change.